



MAY 2012

Nellis Airman and Family Readiness Center



Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

Call the A&FRC at 652-3327 for more information or to sign up for a class. Hours of operation are Mon-Fri 0730-1630

Visit our Facebook page:
[facebook.com/afrcnellis](https://www.facebook.com/afrcnellis)

1

Resume
Tips & Job
Search
0900-1130



2

Remote Briefing
0800-0830

Moving Out of the Dorm
1000-1100

FREE Deployed/Remote
Family Dinner at
Crosswinds Dining Facility
1730-1900

3

4

Common Sense
Parenting
Session 4
1100-1300

5

6

7 Ready, Set, Grow!!
1000-1100
Sep/Retirement Brief
1300-1430
Prep for Parenthood
1800-2030

CHIEFS TAP WORKSHOP at the Nellis Golf Course: MONDAY-THURSDAY 0800-1630

8

Deployed Spouses
Support Group
1st and 3rd Monday
1100-1200

9

Whazzup Nellis?
Newcomer Spouses'
Orientation
0900-1200



10

11

Military Spouse
Appreciation Day
at The Club
1600-2000

12



13



Mother's
Day

14 Ready, Set, Grow!!
1000-1100
Sep/Retirement Brief
1300-1430
Prep for Parenthood
1800-2030

15

Resume Tips &
Job Search
0900-1130

16

Remote Briefing
0800-0830

Moving Out of the Dorm
1000-1100



EFMP Parent
Support Group
1100-1200

17

18



19

Free Movie
(Chipwrecked)
for Deployed &
Remote Families
1300

20

21 Ready, Set, Grow!!
1000-1100
Sep/Retirement Brief
1300-1430
D-TAP (Disabled)
1430-1600
Prep for Parenthood
1800-2030

22

23

24

25



Closed for
Family Day

26

27



Memorial Day

29

Key Spouse
Meeting
0900-1000



30

Personal Finances
for 1st Duty
Station Officers
0800-0900
eSAT Orientation
0930-1030

31



Heart Link—
AF 101 for
Spouses
0830-1400

Check out all 99 Force
Support Activities at
Nellisforcesupport.com

Services & Activities - May 2012

CELEBRATE MILITARY SPOUSE DAY



Join us for an evening of celebration! This event will be loaded with prizes, food, and fun-filled demonstrations and information to promote self-improvement!

Held at The Club

Friday, 11 May from 1600-2000

PREPARATION FOR PARENTHOOD

This is a four-week course held every Monday for expectant parents. Topics include budgeting for a new baby, caring for a newborn, breast/bottle feeding, child safety, infant CPR, and child development. There will be lots of free samples & handouts and a gift bag valued at over \$70!

Every Monday 1800-2030

7, 14 & 21 May



WHAZZUP NELLIS?

Newcomer Spouses' Orientation

Just arrived? Get in the know and get the 411 on what's in it for you at Nellis! Education, medical, fitness, activities, and much more—we've got it covered!

Wednesday, 9 May 0900-1200



DEPLOYED SPOUSES SUPPORTING DEPLOYED SPOUSES

Stay strong during deployments and meet with other deployed spouses.

Share ideas, learn coping skills, socialize and more!
1st & 3rd Monday of every month from 1100-1200



MOVIN' ON UP AND OUT OF THE DORM

Determine what it will actually cost you to live off-base besides rent and utilities. Project a budget for living off base and learn about the paperwork to start your BAH.

**Wednesdays; 2 & 16 May
from 1000-1100**



HEART LINK - AIR FORCE 101 FOR SPOUSES

New to the Air Force? Ever feel like you need a translator? We can help! This exciting program will give military spouses essential info that

will help make life in the Air Force fulfilling and rewarding. **Childcare and lunch are provided..**

Thursday, 31 May from 0830-1400



REMOTE CONTROL

Receive information for you and your family as you prepare for your remote or unaccompanied tour.

Wednesday, 2 and 16 May from 0800-0830



RESUME TIPS & JOB SEARCH IN LAS VEGAS

This class will assist job seekers with general employment information, resume writing, and registration in the computerized job bank.

1st and 3rd Tuesday from 0900-1130



MANDATED PERSONAL FINANCE CLASS FOR 1ST DUTY STATION OFFICERS



This is mandatory for all first duty station officers and is required within 90 days of arrival.

**Wednesday, 30 May
from 0800-0900**

ON-LINE SPONSORSHIP TRAINING

Learn the importance of sponsorship responsibilities and resources available. Training is required for sponsors unless you've had training in the last 12 months. Complete training on-line at:

<http://apps.mhf.dod.mil/esat>

RELOCATION PROGRAM



FREE MOVIE FOR DEPLOYED & REMOTE FAMILIES

Come to the Nellis Base Theater to watch Chipwrecked. Enjoy the free movie, popcorn, candy and drink.

Saturday, 19 May at 1300



DEPLOYED & REMOTE FAMILY DINNER at the CROSSWINDS Dining Facility



Enjoy a FREE meal at the dining facility! Meet and socialize with other deployed and remote families and get a night off from cooking.

Must pre-register!

1st Wednesday of every month from 1730-1900

EFMP PARENT SUPPORT GROUP

Share common experiences unique to special needs families and learn about new information and resources. We meet the 3rd Wednesday of every month.



Wednesday, 16 May from 1100-1200

D-TAP (DISABLED)

Have a service-connected disability? Attend D-Tap and learn about the Vocational Rehabilitation & Employment program. This program aids disabled veterans with education and training and on to suitable employment.



Monday, 21 May from 1430-1630

MILITARY & FAMILY LIFE CONSULTANT (MFLC)

NEED TO TALK? An MFLC is available to help with a myriad of issues. It's free and anonymous—no records kept. Call 715-9128 or 308-0473.

